

## ADDITIONAL TRAIL ACTIVITIES TRAIL TO FAMILY AND COMMUNITY

- DP1 Create a safety checklist of your home and have it approved by an adult. Use your checklist to conduct an inspection of your home. Identify hazards and determine a way to correct them. Include a family fire escape plan.
- DP1 Talk with your parent, guardian or other interested adult and ask him or her to describe the hardest part of being a parent and the most rewarding part of being a parent. Share what you learned with your group.
- DP1 Interview a teacher and ask what he or she likes most about your school and what he or she would like to see change. Why did he or she decide to become a teacher? What influenced him or her?
- DP2 Make a list of 10 devices in your home that use electricity. Find out how much electricity each uses in one month. Determine the approximate electrical cost to operate each one for one month. Read an electric meter. Determine the amount of an electric bill from the reading. Explain how the amount of electricity is monitored.
- DP2 Keep track of what every family member does, including yourself, during one week and the amount of time they do it. For example: Mom goes to work - 40 hours; brother plays basketball - five hours; grandmother cooks - 10 hours. Sort your list into four categories: work/school, recreation, personal time and sleep. Make a chart, using the Family Log form on page (insert page number). At the end of the week, ask yourself these questions: Are there things I want to do differently at home to help my family work together better? What can I do to increase someone's personal time? Share your findings with your group adviser, *Discovery* group, family and friends.
- DP2 Make a wish list of eight things that you would like to experience at school. For example, "I want to do all my homework on time," or "I want to make the basketball team." Think about what you can do to make one of your wishes come true. Write out a plan to realize your dream and act on it. Put the list aside for two months. After two months, look at it again. Have any of your wishes come true? Have any changed?
- DP2 Make a list of five values that you believe in. Webster's Dictionary defines a value as "a standard or principle that is desirable or worthwhile." Values are expressed in spiritual settings or are often modeled by family behaviors and beliefs. Examples of things you value: family, education or friendships. Go to your local library or use the Internet to find songs, poetry or stories that represent your five values.
- DP2 Pick a value that is most important to you and compose a song, write a story, create an artistic work or write a poem about that value. Share it with your group, family and friends.